

Central

A caring, inclusive, inquiring community of faith

july 

Sundays in July

Worship

10:00am~Sanctuary

Fellowship

Parlor~ Following Worship

Mondays in July

Bible Study

11:30am~Parlor

Badminton/ Pickleball

6:30pm~Fellowship Hall

Sunday, July 5

Social Justice Advocates

Meeting

11:15am~ Chapel

Thursday, July 9

Worship & Common Life

10:30am~Zoom

Tuesday, July 14

Personnel

9:30am~Zoom

Properties

11:00am~Zoom

Thursday, July 23

Church Annual Picnic

5:00pm~ Community Room &

Lafferty Courtyard

Sunday, July 26

Deacons

11:15am~Chapel

Monday, July 27

Session

5:30pm~Zoom

from the
**PASTOR'S
PEN** 

Be still and know that I am God. - Psalm 46:10

A single sunbeam is enough to drive away many shadows.
~ St. Francis of Assisi

Summer afternoon—summer afternoon; to me those have
always been the two most beautiful words in the English
language." ~ Henry James

Summer is often a time when the rhythm of life feels slower or at least a bit more relaxed. Maybe that is just because the heat prevents us from moving too quickly or doing too much without feeling worn out. Or maybe it is just that the memory of time off from school with days of nothing to do but ride bikes with your friends or go swimming are somewhere in the recesses of our mind when we know this season is upon us. In the church, summer brings us to ordinary time. The kind of ordinary doesn't mean dull or common, but rather comes from the Latin word that refers to numbers. So ordinary time is the counted days that fall in two sections of the liturgical year. The first set of ordinary time days are between the Monday following baptism of Christ Sunday and the Tuesday before Ash Wednesday. The second set is between the Monday following Pentecost and the Saturday before the first Sunday in Advent. The official color for this season is green, which is meant to represent life, growth, hope, and the anticipation of spiritual renewal.

A spiritual director friend of mine likes to think of this summer season of ordinary time as a time when we are invited to ponder the spaciousness of our faith. A time we are invited to slow down a bit outside the rushing and busyness of the holiday season or the beginning or ending of the school year. A time when we can focus on the abundance of the creation all around us. She points out that as we have a little room on our calendars to do things a bit differently and the opportunity to be outdoors more often, it can be a time for us to make time and space to breathe deeply, reflect, pay closer attention, and be open to whatever it is the Spirit might be calling us into next. I wanted to share with you a check-in practice she wrote.

Summer Spaciousness Check-In Practice

Sometime this month, take a few quiet minutes with a journal, on a walk, or during an unhurried morning pause. You do not have to answer everything at once. Just begin by locating where you are. Then let the next step become clear enough to take. Ask yourself:

- Where do I need more room to breathe?
- What part of my life or work needs nourishment right now?
- Where would a simple structure, rhythm, or next step help me relax?
- What am I trying to force that may need more space?
- What is mine to move forward gently, intentionally, and at a human pace?
- What is one next faithful step I can take from where I actually am?

Whether or not you decide to give this a try, I hope you make time to pause and enjoy the beauty of this season. May all the green you see around you in this season of ordinary time remind you of God's love and the promise of renewal.

With tenacious hope,
Jennifer



SUMMER HYMN SING

Several of you have mentioned to Kendra that there are some hymns you miss singing in a congregation. Perhaps a song from your youth or a different denomination or one you remember from church camp that's not in our

current hymnal. We will be spending six weeks in July and August looking at the Psalms, the songbook of the Bible, so we thought this was a good time to share some our favorites hymns with one another.

We need your help to make it happen! If you would like to request a hymn, fill out one of the slips of paper in the narthex and leave it in the basket there. We will do our best to locate music for the requests and will plan to sing a verse or two of several hymns each week during the Psalm series as our prelude to worship. Plan to be here on time so you can join in this joyful chorus of praise!



BOOK SUGGESTIONS WANTED

The CPC book group is taking a little break over the summer, but while we aren't meeting, that doesn't mean we aren't looking for a good read! Maybe you found something intriguing

to read this summer, or saw an article about a book that looks promising, or heard about one from a friend? If you have a suggestion for a book you think would be good to talk about together at the church, please send suggestions to Pastor Jennifer or let the church office know. We will need to make a choice in August so we can get a book order organized before resuming in September. If you aren't

Central Presbyterian Church Staff

Pastor: Rev. Jennifer Martin
Director of Music: Kendra Taylor, PHD
Pianist: Michelle Sulaiman, PHD
AV Technician: Sunny Waldorf
Office Manager: Monique Rodriguez
Financial Secretary: Arlene Hudgins
Building Host: Jose Tobon

SESSION

Charlie Wade	Nancy Richter
Nani Cagney	Rick Larson
Jean Tesche	Barbara Cookson
Pam Sheridan	Kathleen Beisse
Scott Pratt	

DEACONS

Karen Dyste	Wendy Unsain
Mary Breiter	Laura Mason
Lu-Nita Hawkins	Quentin Holmes
Janet Edmonson	Susan Bloom
Linda Anderson	PattyMacAfee
Rick Ohlson	

ENDOWMENT FUND COMMITTEE

Rick Larson	Quentin Holmes
Peter Carlson	Marian Smith
Jean Tesche	Scott Pratt
Marci Gordon	

Office Closure Notice

Please note that our **Financial Office** will be closed **on Thursday July 2 and Friday July 3.**

The **Church Office** will also be closed **on Friday, July 3.**

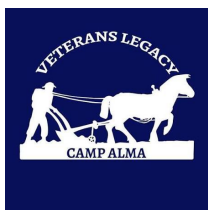
Happy
Fourth
of July!

currently on the email list for the CPC book group, but would like to be added to it, let us know that as well! Thanks for your help in finding the next CPC read.



**The Annual
Summer Picnic
Thursday, July 23
5:00-7:00pm**

The annual Central Summer Picnic will be on Thursday, July 23rd, from 5-7:00pm. Food will be served in the Community room, and we and we will eat and socialize at tables in the courtyard. A brats and hotdogs potluck will be hosted by the Fellowship team. (A vegetarian entrée will also be offered.) Buns, Condiments, table service, beverages, and ice cream will be provided. **Please bring a side dish.** See you there! For more information, contact Julianne Stermer.



**July/August Coin Offering
Veterans Legacy Oregon/Camp
Alma**

The Ministry of Mission and Christian Discipleship (MCD) are pleased to announce the recipient for the July/August Coin Offering is **Veterans Legacy Oregon/Camp Alma**. Veterans Legacy's vision is to break the cycle of veteran's suicides, mental health disorders and social costs from the underserved experiencing PTSD, substance abuse and associated traumas. Veterans Legacy's philosophy is that healing and wellness is a function of a safe environment, meaningful therapeutic experiences and a multi-faceted, community-based system of extended care. One of the ways to offer these is in a residential program located in a camp environment off of Siuslaw River Road outside of Veneta, Oregon known as Camp Alma.

Camp Alma, located in rural setting where veterans will be aided in coordinated integrative services for PTSD and co-morbidities related to drug and alcohol, as well as therapeutic skills so they can heal while learning skills and self-sufficiency.

This site off of Siuslaw River Road previously operated as the Lane County Sheriff Inmate Work Camp until 2008. Veterans Legacy Oregon (VLO) procured the property in 2016 to begin rehabilitation of the property. The camp is located on 108 acres and includes an administrative building with a commercial scale kitchen, dorms, shops, and farming and agricultural infrastructure.

The surrounding land of Camp Alma will be utilized for farming, including greenhouses and field cropping to offer self-sufficiency in food productions for the facility, as well as contributing to community food resources, such as Food For Lane County. Active involvement in forestry projects, such as forest fire mitigation, is anticipated for clients to provide community service. These projects combined with mental health therapies by professional staff assist the clients to begin the healing process while learning skills and gain self-sufficiency.

MCD wishes to thank everyone for their continued support and generosity of the Coin Offering Program and July/August recipient Veterans Legacy Oregon/Camp Alma.



**Family Fun Day at the Holmes
Saturday, August 8
from 10am-1:00pm**

Jane & Quentin Holmes have invited anyone – children and adults – out to their home in the Woods on the Mohawk River!

Quentin will be cooking hamburgers & hot dogs on the grill. Bring a salad, or a dessert, or fruit & chips to share. There will be a Sign-Up Sheet later, along with driving directions, and you will be able to say if you will need a ride out to their home in Marcola, Oregon.





**Art, Faith, & Community
Fall Sacred Arts @ The
Grünwald Guild
October 18-24, 2026**

Would you like to get away for some time to explore faith and creativity in a beautiful setting? Pastor Jennifer and several members of the congregation have had the blessing of experiencing just that at The Grünwald Guild in Plain, Washington. The Guild organizes a variety of opportunities for week long experiences that include art classes, morning and evening prayer, delicious meals, and the chance to get to know folks who have chosen to spend a week in community. There is also the opportunity to soak in the beauty of the ponderosa pines as you listen to the rushing water of the Wenatchee River.

Pastor Jennifer would love to organize a group from CPC to attend one of the Guild's Sacred Art weeks this fall. She is signed up to attend on October 18-24 and would love for you to join in the fun. For more information about the art classes offered that week check out their website at <https://www.grunewaldguild.com/> . And if you have questions about the experience, don't hesitate to ask - Pastor Jennifer loves to talk about this thin place! If you are interested in going with a group from CPC this fall, let her know and we can begin to plan the adventure together!



Help Us Update Our Directory

Have you recently moved, changed your phone number, retired and started using a new email address, or had any other changes to your contact information?

Please share your updated information with Monique as we transition to a new member and friends directory system. Keeping your information current will help ensure our records are accurate and will provide you with secure online access to the directory.

Thank you for helping us stay connected!



5th

Bob & Merle Bottge

10th

Rich & Jacquie Litchfield

17th

Fred & Kathleen Beisse

27th

Quentin & Jane Holmes



3rd

**Peter Carlson
Pam Sheridan**

4th

Gerry Keener

10th

Bill Griffith

15th

JuYoung Chung

16th

Janet Ames

18th

**Jose Tobon
Howard Ruland**

23rd

Geoff Gordon

25th

John Sheridan

Central Presbyterian Church
555 E. 15TH Ave
Eugene, OR 97401

A CARING, INQUIRING, INCLUSIVE
COMMUNITY OF FAITH



AH, SUMMER, WHAT POWER YOU HAVE TO
MAKE US SUFFER AND LIKE IT. ~**RUSSELL BAKER**