



Thursday, June 1
Book Group
2:00pm~Zoom

Tuesday, June 6
Miriam Circle
9:30am~Parlor

Wednesday, June 7
Martha Circle
11:30am~Parlor

Thursday, June 8
Worship & Common Life
10:00am~Zoom
Book Group
2:00pm~Zoom

Tuesday, June 13
Personnel
9:30am~Zoom
Church Properties
11:00am~Zoom
Presbyterian Women's Tea
1:30pm~Parlor

Sunday, June 18
Father's Day

Monday, June 19
Central Articles Due
Office Closed in Observance of
Juneteenth
Finance
4:30pm~Zoom

Session
5:30pm~Zoom
Badminton Group
6:30pm~Fellowship Hall

Thursday, June 22
Deacons Meeting
5:30pm~Zoom

Tuesday June 27
Prayer Shawl Ministry
1:30pm~Parlor



Rev. Martin is away on sabbatical focusing on the theme A Return to the Table. While she is away, she is sharing some of her favorite seasonal recipes for us to try.

Homemade Strawberry Shortcake

My mother LOVES strawberries and has since she was a child picking them in her grandfather's garden. Every

summer, when strawberries come in season, we always had one night when dinner was homemade strawberry shortcake. It was always a favorite night for my sister, brother, and me - after all, who doesn't love dessert for dinner?!! With the delicious berries we have in Oregon, this is one tradition that we definitely keep alive in our house to welcome the summer.

Strawberries:

3 pints fresh strawberries, rinsed
1/4-1/2 cup sugar
(depending on how sweet the berries are and your taste)

Hull and slice the strawberries. Toss with the sugar and let macerate while you make the shortcakes. Can be covered and stored in the refrigerator.

Shortcake Biscuits :

2 cups flour
1/4 cup sugar
3 T baking powder
1/2 tsp salt
1/2 cup butter, chilled
1 egg
2/3 cup half and half

Preheat oven to 425.

Combine dry ingredients. Using a pastry cutter, cut the butter into the dry ingredients until a coarse texture. Measure half and half, add egg to it and beat egg and cream together with a fork in the measuring cup. Add liquid to dry ingredients and stir until just mixed together.

Turn mixture onto a lightly floured board or countertop. Roll out to about half an inch thick and cut with a biscuit cutter. Bake on an ungreased cookie sheet in preheated oven for 10 minutes.

Cool on wire rack.

Whipped Cream:

1 cup heavy whipping cream
2 T sugar
Dash of vanilla extract

Using a cold metal bowl and an electric mixer (or a wire whisk if you want an arm workout!), whip cream and sugar just until peaks form. Add dash of vanilla and whip it into the mixture. Store in the refrigerator until ready to use.

Assembling the Strawberry Shortcakes: When cool enough to handle, split each shortcake in half and place the bottom half in a bowl. Top with a scoop of strawberry mixture and a dollop of whipped cream. Add the top half of the shortcake biscuit on the whipped cream and repeat with more berries and cream. Top with a reserved berry if you wish and enjoy the taste of summer!



Session Notes

Congregational Meeting of May 7, 2023 At this meeting of the congregation, members elected or reelected elders, deacons, and Endowment Fund and Nominating committee members as leaders for the coming one, two, or three years. These newly elected church leaders take office on Pentecost Sunday, May 28.

Session: Bev Day was re-elected for a second term as elder. Kathleen Beisse, Barbara Cookson, and Jean Tesche were also elected to serve on the Session, the governing body of the church. Nancy Richter and Pam Sheridan are completing their terms of service on the Session.

Central Presbyterian Church Staff
Pastor: Rev. Jennifer Martin
Youth & Children Ministries Coordinator:
Rev. Maggie Lewis
Director of Music: Kendra Taylor
Organist: Barry Anderson
Pianist: Michelle Sulaiman
AV Technician: Sunny Waldorf

Office Manager: Monique Jones
Financial Secretary: Arlene Hudgins
Building Host: Jose Tobon

SESSION

Kathleen Beisse	Barbara Cookson
Bev Day	Kirsten Kelso
Rick Larson	Jean Tesche
Alice Schroeder	Susan Schroeder

DEACONS

Mary Breiter	Karol Buxton
Lousie deKluyver	Karen Dyste
Carolyn Keener	Gerry Keener
Jacquie Litchfield	Lu-Nita Hawkins
Yvonne Young	

ENDOWMENT FUND COMMITTEE

Peter Carlson	Quentin Holmes
Jean Tesche	Marian Smith

NOMINATING COMMITTEE

Helen Martz	Nancy Richter
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Shirley Irsfeld



December 1, 1929~May 12, 2023

Board of Deacons: Karen Dyste, Carolyn and Gerry Keener, and Jackie Onstad were all reelected to serve second terms as deacons. Mary Breiter and Lu-Nita Hawkins were also elected to serve on the Board of Deacons, whose ministry is one of compassion, witness, and service. Susan Bloom, Quentin Holmes and Patty Mac Afee are all completing their terms of service on the Board.

Endowment Fund Committee: Marian Smith was elected to serve a three-year term on this committee. Jane Rimerman, Steve Stermer, and Jim Whitmore are all completing their terms at this time. This committee has primary responsibility for encouraging and managing endowed and special gifts to the church.

Nominating Committee: The congregation reelected Helen Martz and Nancy Richter as their representatives on the Nominating Committee. Susan Bloom and Barbara Cookson have both completed their terms on the committee.



Top Fin Essentials

Aquarium Story

Wesley Lachman

I was dumped from a shiny little bag into this world. I had to discover what I was. I could not see my body or fins, but my brothers and sisters had them. Gradually I could feel my body from the inside, and my siblings readily accepted me as one of our family of Neon Tetras. I got a name too: Nellie. Nellie the Neon they called me when we went to school.

I soon found that I had to fight the other fish to get food, even my siblings. After weeks of daily food combat, I became weary of it. I could get enough to eat, all right, but I disliked shoving others aside to get it. This was made worse by the continual game of Bite-the-Tail that went on. The continual fighting over food and fin gradually wore me down. I became unhappy with my world and dissatisfied with my life.

Then I remembered hearing about the old Angelfish who lived behind the big rock. Someone told me that she was very wise. I had seen her a few times. She was fearsome, towering over me, and had long, thin fins dangling from her body. But I was more desperate than I was afraid, and so I swam around the rock to see her.

She was with a little Zebrafish. She raised a fin and whispered, "*Come after feeding time.*" So I waited, fought for my lunch, and glided around the rock again. Her first words disarmed me: "Hello Nellie, I was wondering when you would pay me a visit. My, you look a little down in the mouth today. Tell me about it."

Apparently, I was waiting for just such a question, for I poured out my little heart to her the fighting, the biting, and the invisible walls, everything that was wrong in my world.

She responded abruptly. "OK, do you remember when you came around the rock and saw me here? Where is that moment now?"

"Well, it's gone," I said, "It's like just a memory."

"Correct," said the Angelfish. "And that memory is only a thought. Does it exist?"

"Sure, it exists as a thought in my head."

"Does it exist like I exist for you right now?"

"Well, no, it's kind of imaginary. To see it now, I have to imagine it."

"Well, right now they are, gosh, they're imaginary too. I have to imagine them to see them."

"Excellent," said the Angelfish, "Now I want you to go and look at reality. It is OK to have a few imaginary things floating around in your mind.

However, I want you to focus on this moment now every day. Just notice what is real now and what is imaginary. Now Nellie, when you can do this, come back and see me. You'll know when it's time."



Presbyterian Women Tea

**Tuesday, June 13th at
1:30pm~ Parlor**

Jane Holmes~ Moderator

All Are Welcome!

On June 13, we invite all women of Central to gather in the Parlor at 1:30pm for tea, goodies and fellowship. This will be the Annual Birthday Offering Tea. We will collect an offering to support two projects selected by the Creative Ministry of the Presbyterian Church (USA):

*Making Miracles Group Home
Tallahassee FL

*Berhane Yesus Elementary School
Highlands, Ethiopia

We hope to see you there!



Plan to attend

Our local World Refugee Day celebration will focus on the Afghan refugees who have resettled in our community with support from the Catholic Community Services Refugee and Immigrant Services Program and the Refugee Resettlement Coalition. Plan to attend June 20 at the First United Methodist Church, 6:30-8:00 pm. The event will include a film, speakers, and a panel for question and answer. Nasrat Ibrahim, whom some of us met during and after worship on May 21, produced the short documentary film to be shown, He is also one of the speakers.

Are you on the mailing list to receive the monthly Refugee Resettlement Coalition e-newsletter? You can sign up here: <https://rrclc.org> (scroll to the bottom of the page and enter your email address into the form).



Pentecost Special Offering Kids First

Nancy Richter

KIDS FIRST

a children's advocacy center

This year's Pentecost Special Offering is dedicated to Kids First, an Advocacy and Intervention Program for children who are witnesses of, or a witness to crime.

Kids First Center has been in operation since September 1994 as a private, non-profit organization with a board of directors under the direct supervision of the Lane County District Attorney's Office. The Center provides a central location for a multidisciplinary team approach to child abuse investigations, which eliminates the need for a child to be repeatedly interviewed about abuse by multiple agencies.

Volunteers' responsibilities and roles include, but are not limited to:

*Advocate for child victims and their non-offending family members, helping with referrals to community agencies to meet their legal, financial, physical, and mental health needs.

*Inform and educate families about the criminal justice system.

*Provide childcare for parents and guardians attending the Center's education and support group.

The Center provides many more services. For more information, please check out their website: <https://kidsfirstcenter.net>

We are pleased to be supporting *Kids First* with our 40% portion of the Pentecost Special Offering which

stays with our congregation for the use of supporting children and youth in need in our community.

We thank you for your continued dedication and support to the Presbyterian Special Offerings. Remember: "If we all give a little, it adds up to a lot."



Virtual Mission Trip Update
Susan Schroeder

The Virtual Mission Trip is taking off to

Tijuana, virtually of course! We are developing a relationship with La Casa de Paso, a short-term shelter and respite space for women and children who come to Tijuana seeking to enter the U.S. through the asylum-seeking system. In the four years that Sharon Franklin and her husband Javier have managed this small shelter in a duplex near the border crossing, more than 600 moms and children have stayed there.

Sharon splits her time between Eugene and Tijuana. She is in Tijuana now. We hope to be able to connect with her virtually sometime in June or July so we can "see" La Casa for ourselves.

If you're interested in helping plan our Virtual Mission Trip activities, please attend our meeting after worship on Sunday, June 4, 11:15 in the Chapel. We would love your ideas about the activities the group is planning, such as making hygiene kits for the families who stay there, inviting the wider community to help support La Casa, and whatever else we decide to do.

You can provide financial support for La Casa. We are emphasizing the relationship aspect of our connection with La Casa, while also learning about immigration issues. Nevertheless, La Casa does need financial support. Sharon and Javier run the shelter; they rely entirely on donations from individuals; and there is no agency behind them with a budget paying the bills. Expenses are about \$2,500/month (this covers rent,

utilities, food, supplies, and doctor visits). We have received permission from Session for Central members and friends to donate toward La Casa and receive a tax donation through the church's accounting system. **To donate, write a check to Central Presbyterian Church with "La Casa de Paso" in the memo line, and put your check in the offering plate.**

What is going on at the border now that Title 42 has been lifted? You are likely aware that the COVID-19 pandemic-related restrictions that limited migration into the U.S. were lifted in mid-May. At the same time, the federal government has put into place new asylum-seeking rules that effectively bar most immigrants at the southern border from seeking asylum because they did not request asylum in a third country (not Mexico, not the U.S.) through which they traveled to reach our border. Immigrant justice organizations and faith communities mounted a campaign to submit comments opposing this rule, but the rule has been enacted.

You may also have read or heard news stories indicating that the border was "calm" in the days after Title 42 was lifted, that the expected crush of people at the border did not materialize. Activists counter this statement by saying the "calm" is actually fear of the much stricter measures currently being used.

Asylum is a human right protected by both U.S. and international law. Not only do these new asylum-seeking policies violate established law, they are contrary to who we are as a nation. Protecting vulnerable and marginalized populations from persecution and violence is long-standing practice and law in our country and affirms our own values as Christians.

[Click here](#) to read an article about the new asylum policy, from the PC(USA) Mission Agency.



Mission Statement
*Central Presbyterian Church is
a caring, inquiring, inclusive community of faith.*



JUNE
Anniversaries

- 18 Frank & Nancy Carlton
- 21 Gerry & Carolyn Keener
- 29 John & Nonie Koelling



JUNE
Birthdays

- 3 Martha Shaebanyan-Bady
- 9 Joe Olney
- 10 James Brown
- 15 George Grier
- 19 Michael Boonstra
- 20 Quentin Holmes
- 23 Lu-Nita Hawkins
- 29 Karen Dyste
- 30 Cyndee Childs

