

Wednesday, March 1
Martha Circle
11:30am~Parlor

Thursday, March 2
Ministry of Christian Discipleship
9:00am~Zoom
Book Group
2:00pm~Zoom

Saturday, March 4
Church Women United
9:00am~Parlor

Sunday, March 5
Dan Rinnan's Farewell Festival of
Spirituals
4:00pm~Sanctuary

Tuesday, March 7
Miriam Circle
9:30am~Parlor
Staff Meeting
9:30am~Pastor's Office

Thursday, March 9
Worship & Common Life
2:30pm~Zoom

Tuesday, March 14
Properties
11:00am~Zoom
Personnel
1:30pm~Zoom

Monday, March 20
Finance
4:30pm~Zoom
Session
5:30pm~Zoom
Badminton Group
6:30pm~Fellowship Hall

Thursday, March 23
Deacons
5:30pm~Zoom

Tuesday, March 28
Prayer Shawl Ministry
1:30pm~Parlor



seeking:
honest questions
for deeper faith

As I have shared in years past, the part of me that appreciates wordplay and puns loves that we have one day of the year that makes a sentence when spoken aloud - March 4th. . . "March forth!" It feels appropriate that we get a verbal nudge of sorts from our calendar as we begin the third month of the year. March can be a difficult month. It is the time when we find ourselves still dealing the last bits of gray weather interrupted by hopeful rays of sunshine, but before the flowers are in full bloom. This month known for entering like a lion and departing like a lamb finds us with the excitement of the new year behind us, but still not fully basking in the warmth and beauty of a springtime yet to come. By the time we begin the month of March, our Christian calendar is purple and the Lenten fast has begun. Whether we are met by rain, snow, sunshine, or sleet on a given March morning, how might we find it within ourselves to 'march forth' toward Easter?

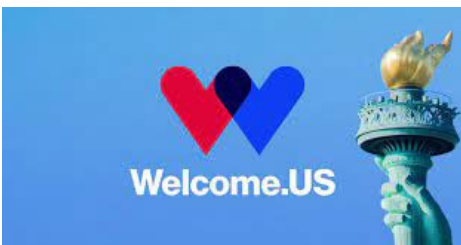
This year one way we are marching forward as a congregation is by being more intentional about our care for creation. Our newly formed earth care team will help us focus on opportunities, individually and together, to care for our planet. If you are having trouble getting started on your lenten journey, perhaps you might like to use this season to consider creation care as a part of your own walk of faith. There is a helpful calendar provided by the Presbyterian Hunger Program with an action for each day in the Lenten season. You can find it here:

https://specialofferings.pcusa.org/site_media/media/uploads/specialofferings/oghs/2023/php-lenten-calendar-2023.pdf

Lent offers us a chance to go deeper. To pause for these forty days to pray, to fast, to give. To remember who it is we worship, and who we are created to be in this world. To follow that nudge and march forward toward light, toward love, toward life. Whether you decide to use this creation care resource, or perhaps you are finding one of the devotional tools supplied with our Seeking theme meaningful, or maybe you have chosen another spiritual practice for this season - however you are observing Lent, I pray this season moves you forward on your journey of faith, one step at a time.

Pastor Jennifer Martin

WELCOME CORPS



**Interest Meeting
Sunday, March
26th
In the Chapel
following worship**

There are some in our congregation who have expressed interest in working together to help welcome refugees to our community by participating in the new Welcome Corps program under the Department of State. If you are interested in exploring that possibility, plan on attending this interest meeting as we discover together more about this opportunity. To learn more in advance of the meeting, check out the website here:

<https://welcomecorps.org/>

NEW DATE!!!

A Farewell Festival of Spirituals



**4:00 pm, Sunday, March 5
CPC Sanctuary**

Sunday, January 29th, was our final regular worship service with our longtime organist, Dan Rinnan. Dan has retired after serving CPC faithfully since October of 2002. He had planned to

retire at the end of the 2022, but it has taken us a little bit longer to get the pieces in place for our music program, and Dan graciously agreed to play through January.

We are excited that he has agreed to grace us with a farewell recital. Plan to come for what promises to be a wonderful afternoon of music. Following the recital, we will host a farewell reception to thank Dan for sharing his gifts with us for so many years.

Pastor: Rev. Jennifer Martin
Director of Children & Youth Ministries:
Rev. Maggie Lewis
Director of Music: Kendra Taylor
Accompanists: Michelle Suliaman & Ga-In Choi
AV Technician: Sunny Waldorf

Office Manager: Monique Jones
Financial Secretary: Arlene Hudgins
Maintenance Custodian: Jose Tobon

SESSION

Bev Day
Nancy Richter
Susan Schroeder
Alice Schroeder
Kirsten Kelso
Rick Larson
Pam Sheridan

DEACONS

Susan Bloom
Karen Dyste
Gerry Keener
Louise deKluyver
Yvonne Young
Jackie Onstad
Quentin Holmes
Carolyn Keener
Patty Mac Afee
Jacquie Litchfield
Karol Buxton

ENDOWMENT FUND COMMITTEE

Rick Larson
Jean Tesche
Jane Rimerman
Jim Whitmore
Quentin Holmes
Peter Carlson
Steve Stermer

NOMINATING COMMITTEE

Susan Bloom
Helen Martz
Barbara Cookson
Nancy Richter





All I See Is Part of Me
Wesley Lachman

Several years ago, I was browsing through the children's section of a library when I came upon a title that

stopped me. It was the phrase that appears above as the title for this writing. I was shocked that anyone could write a children's picture book whose very title was a profound spiritual teaching. The book goes on page by page showing all the things that the child is seeing and being.

Let us look at *all I see is part of me* through the lens of little self vs. big self. The book title is the *Big Self Speaking*. The big self is like an invisible gold frame that receives and holds everything that appears before it. Like a huge window, it shows it all. Contemplatives call it consciousness or awareness or presence. Its home is in the now. Right now it is alive and recognizing the world coming at it now. It is what sees your hands and perhaps your lap as you read this and also the room and the sounds from the kitchen. It hears all the sounds and sights of your surroundings, even your thoughts.

In contrast, the little self is the self-encapsulated in your body, the ego self. Its boundary is the surface of your skin. Since it is separate from the world, it must protect itself from the world because it is just a little self in a vulnerable little body. There are so many ways to be hurt or even die in this world. Little self-imagines terrible things in a future that does not exist. This is the self that we usually think we are. But it is imaginary.

Anyone can see the difference between these two selves. Let me illustrate: I was ill in the fall of 2019, then housebound three years to avoid COVID, then fractured my knee cap and have had to use a walker ever since. So I find myself depressed from time to time. The other night I

was feeling down, discouraged even about getting ready for bed. Just then I remembered my big self. I began to see everything around me as mine, as me. I recognized the whole thing as me. My depressed mood was still there, but it was squished down into a corner of my big golden frame of now. My ego self was also there, but it too had become small compared to the sweeping view of my big self.

You might say this big view is my world. No creature on earth is viewing the world exactly the same as I. So I can say *all I see is part of me*. I am the big self in whom this array of sight, sound, sensation and thought exists, and in no one else. Is it not the same for you? The big Self is who you truly are, the little self is your ego talking. The big self holds it all, the little one hides in his skin. Look and see the difference.



**March/April Coin Offering
Trauma Healing Project
Nancy Richter**

This unique organization began in 2004 and its' current director is Elaine Walters. The Trauma Healing Project (THP) is dedicated to ensuring

that everyone has access to trauma-informed and effective wellness services. Their vision and work is to envision a vibrant and connected community where anyone impacted by violence, abuse, or other trauma receives the support and attention they need to fully recover and to reach their highest potential. They work with community members, professionals, and organizations to raise awareness and to identify, develop, support and promote many options for healing and for preventing trauma.

The THP now offers two acupuncture clinics, full-body and stress and anxiety relief ear acupuncture. Their gentle and restorative yoga class is now in person and online and Nia moving to heal is offered through Zoom. On

March 12, we will have Elaine Walters with us to offer a minute for mission during worship service and to offer a TED talk in person as our Adult Ed offering following worship Service that same morning. For more information about the Trauma Healing Project or to register for a class please call them at (541) 687-9447 or visit their website info@healingattention.org or come hear Ms Walters in person on March 12th. Ministry of Mission and Christian Discipleship wants to thank you for your continued support of the coin offering program. "When we all give a little, it adds up to lot."



**PRESBYTERIAN
WOMEN**

Began in 1956,
by Shanti
Solomon of
India, who
believed that

women everywhere could have a sense of being part of a worldwide family of faith. It starts with a prayer....

The Fellowship of the Least Coin (FLC) is a global ecumenical prayer movement for justice, peace, and reconciliation led by Christian women for women and girls all over the world.

Women of all ethnicities, nationalities, ages, educational backgrounds, and socioeconomic statuses are invited to participate in this global movement by praying for justice, peace, and reconciliation in their own lives wherever they experience personal conflicts and challenges. As well, they are invited to pray for the justice, peace, reconciliation for women and girls all over the world who face injustice, violence and poverty every day.

It includes "least" coins....

As tokens of these prayers, women are encouraged to set aside the least coin in their country's currency (ex: penny, sentimo,

pasia, etc.) Only the least coin is offered so that women of all backgrounds and means can be equal partners in justice and peace making. The least coins are then collected by Christian women's groups and ecumenical women's organizations in countries and regions all over the world. They are then forwarded to the Fellowship of the Least Coin (FLC) Fund, which is faithfully stewarded by the International Committee for the Fellowship of the Least coin (ICFLC).

It leads to **real** justice, peace and reconciliation....

Every year, the FLC Fund is disbursed as grants for post-secondary education and training for women; grassroots projects that empower women and girls, advocates for their rights, and work to end gender-based violence and poverty; and provide relief in times of natural and human made disasters. In this way, all of our least coins can contribute to real justice, peace and reconciliation in the lives of women and girls all over the world!

Check out all the projects, scholarships and relief efforts (reports) that have been supported by our prayers and coins!



**Church Women United
JoAnne Arnold**

**Saturday, March 4
9:00am-12:00pm
CPC Parlor**

Church Women United will be meeting at Central for the World Day of Prayer. You are invited to help welcome and fellowship with women from other denomination in Eugene. Coffee will be served at 9:00 am and the prayer service begins at 9:30am. If you have any questions or concerns feel to reach out to me at (541) 342-7959



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centralpresbyterianeugene@gmail.com



March 8
Fred Beisse

March 11
Ed Degner



March 6
Mel & Linda Anderson

March 20
Sharry Lachman
Don Piper

March 17
Wesley & Sharry Lachman